

## Our Confidentiality Policy

The service we provide is confidential and we will respect your privacy. We will ask for your consent before we share information about you. However, if we feel that you or someone else may be at risk, we may need to contact someone else. We would inform you first where possible.



Young Person's Advisory Service

36 Bolton Street, Liverpool L3 5LX  
Tel: 0151 707 1025 Fax: 0151 707 1252  
Web: [ypas.org.uk](http://ypas.org.uk) Email: [support@ypas.org.uk](mailto:support@ypas.org.uk)

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Young Person's Advisory Service

# IAG

## Information, Advice & Guidance

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## About YPAS and IAG

YPAS is an organisation that helps children and young people, who are having difficulties in their lives.

IAG stands for Information, Advice and Guidance.

The project works with young people aged 13-17 and young adults aged 18-25 who are socially excluded and have low confidence and self-esteem.

Within the project the young people set achievable goals scaling 1 to 10. The staff assist the young people in owning and working towards achieving their goals whilst insuring that they are realistic.

## The team & how we work

Our IAG team consists of 4 qualified workers, an Information, advice and guidance worker and 3 Social workers. Also supported by social work students from Liverpool John Moore's University and Hope University.

The project offers 1 to 1 support. This can range from a quick chat to sign-posting to internal and external organisations, working alongside our counselling service.

The staff work to a maximum of 6 weeks if required, using practical, task-centred methods. Empowering the young people to work towards meeting their individual goals.

Below are some of the ways we work;

- Confidence building sessions
- Advocacy
- Supported visits
- Job skills sessions
- Encouraging young people to leave their comfort zone
- Focusing on the future and not the negatives.

On this project we are always looking for a positive outcome for our young people. We try to make the young person feel that he or she has a part to play within society.

5 ways to well-being:

- Connect
- Be active
- Take notice
- Learn
- Give

