

36 Bolton Street, Liverpool L3 5LX.

Provides a wide range of Counselling,
Advice, Information and Support services to
children (5-15 years), young people (16-25 years)
and families to address their Mental Health
and Emotional Well-being Difficulties

Counselling & Psychotherapy Service:

- Individual therapy
- Family counselling / support
- Anger awareness groups (13-18 years)
- Self-injury groups

(13-18 years)





Support Service:

- IAG Information, Advice and Guidance
- Drop-in service (12-16 years) (16-25 years)
- Gyro Youth project for Lesbian, Gay, Bisexual & Trans* (LGBT) young people.
- THE Action Youth Youth project for Trans* young people
- GP Champs Project Health drop-in and GP surgery



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