

# It's Your **Child's** Life

## Impact Booklet

St Matthew's Catholic Primary School



# Overview of Programme

## Evidence of impact – St Matthew's

During the, 'It's Your Child's Life' programme, we focused on the following areas and provided tips, ideas and resources for parents to continue practising at home, consolidating what children were doing in the classroom. All activities relate to the Early Learning Goals (all in line with the revised EYFS framework) with the aim of helping the parents to help their children demonstrate a good level of development in all of these areas. Parents demonstrated impact by sending videos and photographs of their children at work during the week.

Parents who took part were really engaged and activities parents did at home included the following:

### Communication and Language- listening, attention, understanding and speaking

- Treasure hunt activity where children listen to and follow a set of instructions with 'treasure' as a reward.
- Children giving clear instructions game such as telling a parent how to make a sandwich, brush teeth or feed pets for example.
- Using wordless books or any other and picture stimuli to help children develop their communication skills. Children talk about the picture using a story teller's voice and parents encourage their children to try and predict what happened next or what they would like to happen next. Practising using different accents for different characters in the story.
- Parents tell a story and ask children to try and remember what happened at the beginning, middle and end of the story.
- Parents to practise back and forth conversations with their children, adding new vocabulary and then using newly learned words in different contexts.

### Personal, Social and Emotional Development

- Activities which boost children's confidence, self-esteem and self-awareness.
- Emotions and feelings game to encourage parents and children to talk about times they have felt a particular way and the consequences that follow.
- Facial expression recognition games so as to encourage children to modify their behaviour according to the situation.
- How could you help if.....? activity where children are read a number of scenarios and suggest ways they could help thus developing skills of empathy.

- Activities to develop self-management and self-regulation.

### Physical Development

- Activities which encouraged children to move more both indoors and outdoors.
- Parents encouraging children to use the Food Smart app to help them make healthy choices with snacks.
- Activities surrounding positive routines and sleep.
- Activities which promote the development of fine motor skills such as making vegetables with play doh, threading pasta or beads to make necklaces and bracelets and picking up sticks game.
- Pencil control games to help with handwriting, working towards the tripod grip.

### Literacy

- Parents practise segmenting and blending words.
- Grapheme to phoneme understanding. CVC practice of words made from set 1 speed sounds.
- Sound blending with 'Georgie's Gym' game from 'Letters and Sounds' framework
- Digraphs and trigraphs and the use of sound buttons for parents to help their children with blending.
- Activities surrounding 'tricky' words.
- Activities that encourage children to read words fluently without sounding them out.
- Phase 3 sound mat given out for when children are ready to decode more difficult words.
- Parents given phonics screening test to show how children use their knowledge of phonics to read unfamiliar words and encouraged to practise this at home.
- Games where children have to identify nonsense words.
- Comprehension games to play with their children to demonstrate reading for meaning.
- Handwriting practice activities including pencil control games and hand and finger positioning activities.
- Handwriting practice of upper and lower case letters and cursive writing.
- Activities which encourage their children to use their phonics knowledge to write simple sentences which they can themselves read.
- Activities that promote correct positioning of letters on a page with a focus on sky, ground and underground letters.



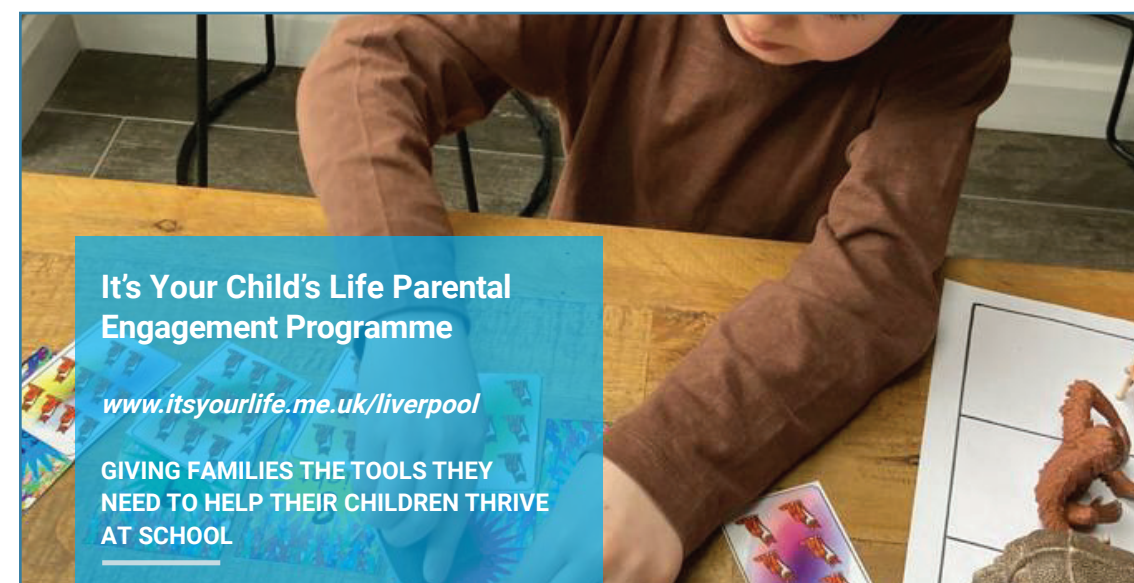
- Parents encouraged to practise writing with their children getting them to come up with ideas, drawing on their own experiences.
- Games involving writing shopping lists or menus where children talk about what they're going to write, write it and read it back to their parents.

### Mathematics.

- Parents given flash cards and lists of games they can play with their children to develop competence in counting and understanding place value.
- Activities which encourage children to match number in symbol form to number in written form.
- Number line given to encourage children to understand place value and count forwards and backwards.
- Sorting activity where parents cut out numbers 1 to 20 and children have to arrange them on a number line in the correct order.
- Number bonds to 10 demonstrated using pegs on a line.
- Number island game given to encourage children to play number bond games with their children.
- 100 square given so children can see the pattern of counting in twos and fives.
- Activities to encourage children to talk about greater than, less than, equal to.
- Activities to encourage children to talk about taller than shorter than, heavier than, lighter than.
- Games encouraging children to subitise using dice or dominoes.
- Parents encouraged to do classification activities at home with their children.
- Parents encouraged to do jigsaws and talk about the properties of shapes.
- Activities which involve sharing out a number of items.
- Number bonds using money activity eg how many different ways could you make 10p with different coins provided.
- Board games where children roll a dice, count the number on the dice and then have to say what number is one more than or one less than. These were laminated so when children get more confident, they can change the board game so children could do two more than or two less than.
- We gave parents activities that will eventually children to write number sentences with their children.
- Place value with tens and units

Our Facebook page enables parents to still keep in touch even when the course is ended. They also have our number that they are free to contact us on for any further advice or guidance and we can signpost them to the appropriate support. They can also get in touch through out Twitter account @itsyourchildsl1

It was lovely to share how proud the parents were realising how important they are in helping their children thrive with school work.



### It's Your Child's Life Parental Engagement Programme

[www.itsyourlife.me.uk/liverpool](http://www.itsyourlife.me.uk/liverpool)

**GIVING FAMILIES THE TOOLS THEY NEED TO HELP THEIR CHILDREN THRIVE AT SCHOOL**

#### What?

We've been working for a number of years now to support hundreds of parents/carers across the UK to help their children thrive at school. We're passionate about giving parents/carers a real insight into what their children are learning at school and how they are being taught in a fun, relaxed, stress-free way! Our programme has been described as 'The Golden Ticket' between home and school and gives parents/carers a real understanding of how they can support their children's learning and development. With a sound knowledge and understanding of EYFS curriculum, our teachers weave in activities that help parents/carers develop skills which provide a solid foundation for good future progress both inside and outside the classroom, helping their children be the best they can be.

We're delighted to be delivering our programme in your child's school. We'd love you to join us in our 6-session programme to help you discover ways you can further support the development and wellbeing of your child and gain a real understanding of what goes on inside their classroom. It also gives you a chance to meet, chat and relax with other parents over coffee!

For those parents wishing to celebrate what their children are doing well or are wanting further support and guidance in other areas, our Whatsapp group can often provide you with what you are looking for! Many parents say that the programme has had a hugely positive impact on their own well-being and stress levels too.

#### How?

Our weekly sessions run in your child's school either just after drop off or just before pick-up time. You'll be met with a warm welcome, tea/coffee and biscuits and the sessions last between 60-90 minutes. They are relaxed and stress free, plus you'll leave with lots of easy-to-use ideas and activities to do with your children to help them thrive!

Why not take a look at what other parents have said about the course in our testimonials and videos at:  
[www.itsyourlife.me.uk/liverpool](http://www.itsyourlife.me.uk/liverpool)



Contact **Kerry and Andrea**  
Email: [k.burns.liverpool@itsyourlife.me.uk](mailto:k.burns.liverpool@itsyourlife.me.uk)  
Phone: 07960615591

#### Course Content:

	Areas of Learning and Development	Parents/carers are equipped with practical activities to enhance their child's development in the following areas:
	Communication and Language	Games and activities to improve children's listening, attention, understanding and speaking.
	Personal, Social and Emotional Development	Strategies to promote wellbeing both parents/carers and children. Practical tools to help build children's confidence, self-esteem, manage behaviour, self-regulation. Activities and games which help children to build relationships and develop empathy.
	Physical Development	Practical advice on sleep, routine, diet and exercise. Games and activities which promote the development both gross and fine motor skills.
	Reading and Writing	Activities which help to develop life-long love of reading and writing. Fun ways to develop children's comprehension.
	Maths	Number games which develop a deep understanding of numbers 10, number bonds, number patterns. Encouraging parents/carers to use language like greater than, less than, same as.

Session 6 is a celebration and reflection of you and your child's hard



**Kerry Burns** FRSA (Lead Practitioner)  
**Andrea O'Brien** FRSA  
Course Leaders

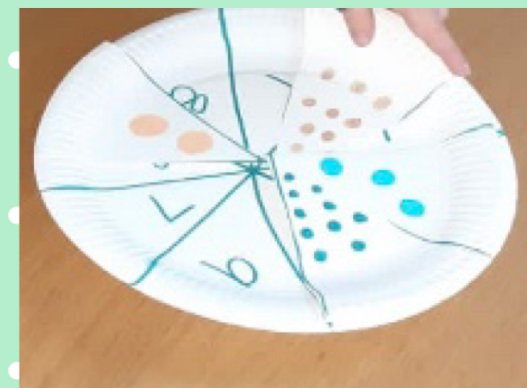
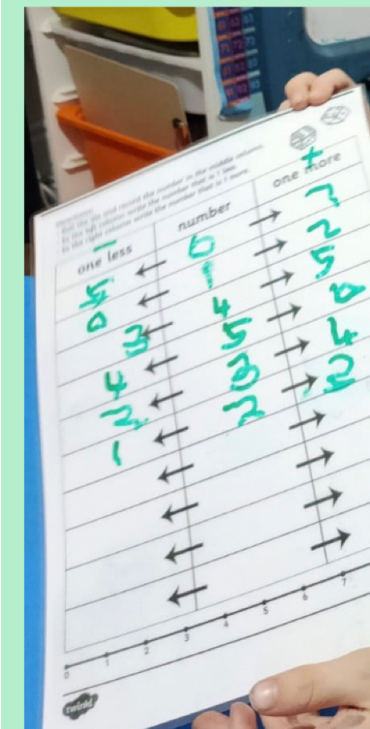
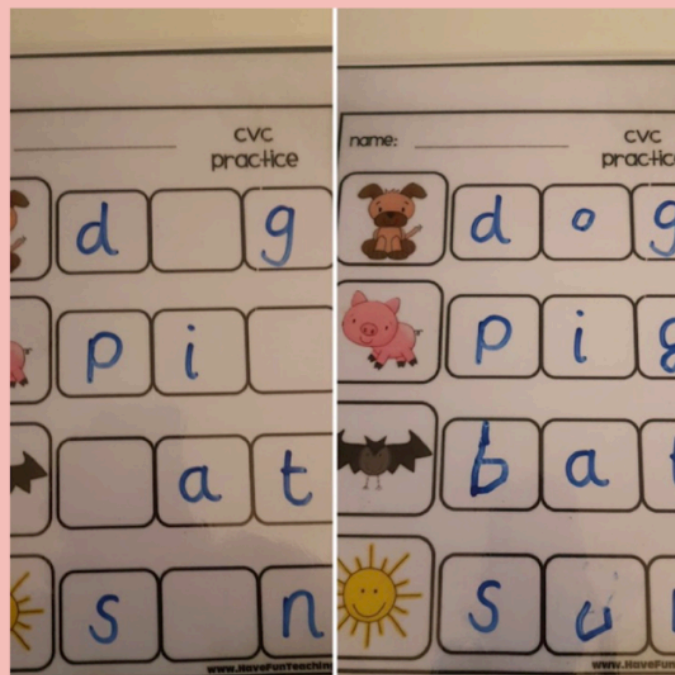
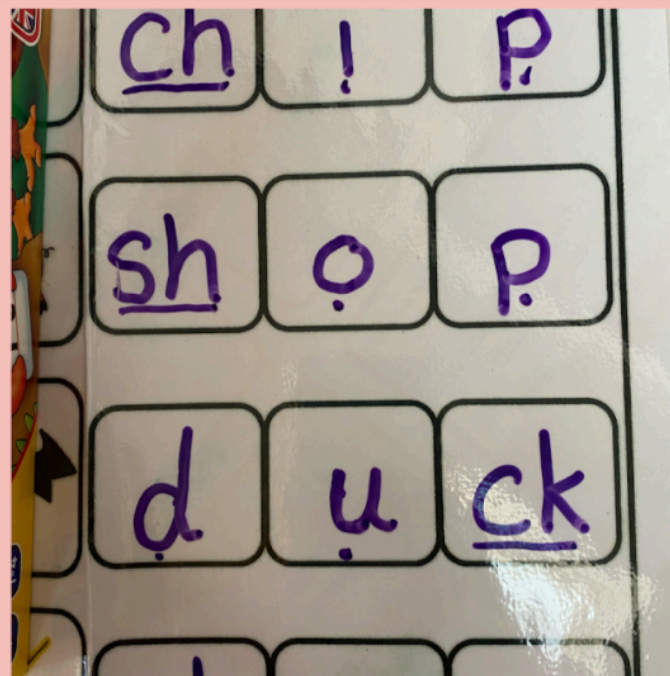
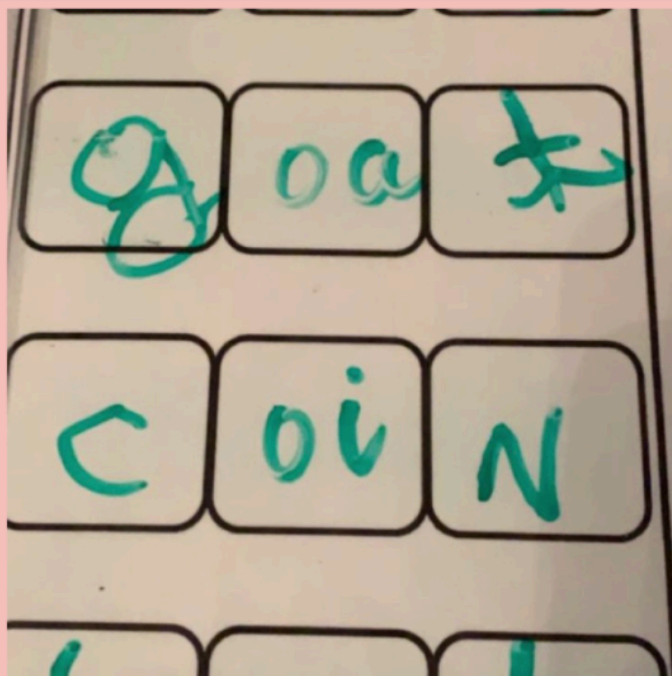
It's Your Child's Life Liverpool  
It's Your Life  
Registered Charity Number 1116802



# Evidence of Impact









Double 2 is 4

Double 4 is 8

Double 3 is 6

Double 1 is 2

Double 5 is 10

Double 0 is 0



### Number Bonds to 10

Can you find the missing number bond to make 10 in the robot's tummy?

### One More One Less

**Directions**

- Roll the die and record the number in the middle column.
- In the left column, write the number that is 1 less.
- In the right column, write the number that is 1 more.

one less	number	one more
0	1	2
4	5	6
5	6	7
0	1	2
3	4	5
4	5	6
2	3	4
0	1	2
4	5	6
4	5	6

### Ordering to 20 Cut and Stick Activity Sheet

Cut out the numbers below. Stick them in the correct order above.

11 12 13 14 15 16 17 18 19 20

1 2 3 4 5 6 7 8 9 10

★ Excellent work!



# Wow Moment!

Write when your child  
does something amazing!

Full name:  
Oliver  
Herkin

Oliver prepared  
his own breakfast  
this morning.  
got his own cereal  
+ bowl.



Date: 17/11/2

Wow!

# Wow Moment

Write when your child  
does something amazing!

Full name:  
Joseph  
Edwards

played with Aoife  
and really nicely

Date:

# Wow Moment

Write when your child  
does something amazing!

Full name:  
Joseph  
Edwards

Joseph listened in  
football and  
played really well.

Date:

PIC-COLLAGE

# Number Bonds



$$1 + 9 = 10$$

$$6 + 4 = 10$$

$$2 + 8 = 10$$

$$7 + 3 = 10$$

$$3 + 7 = 10$$

$$8 + 2 = 10$$

$$4 + 6 = 10$$

$$9 + 1 = 10$$

$$5 + 5 = 10$$

$$10 + 0 = 10$$



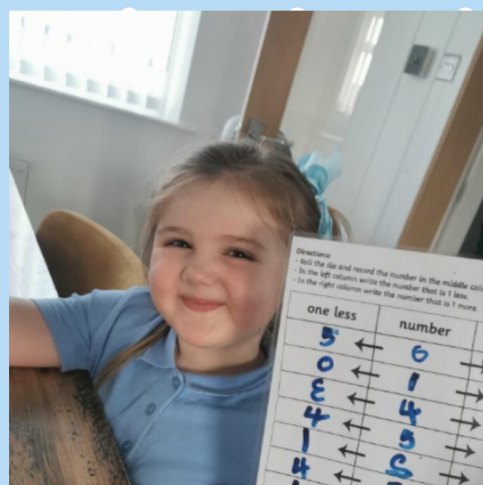
• In the right column, write the number that is 1 more.

one less	number	one more
0	1	2
4	5	6
5	6	7
0	1	2
3	4	5
4	5	6
2	3	4
0	1	2
4	5	6
4	5	6

Write when your child does something amazing!

Mila practised doing her number bonds really well.

Date: Nov '2

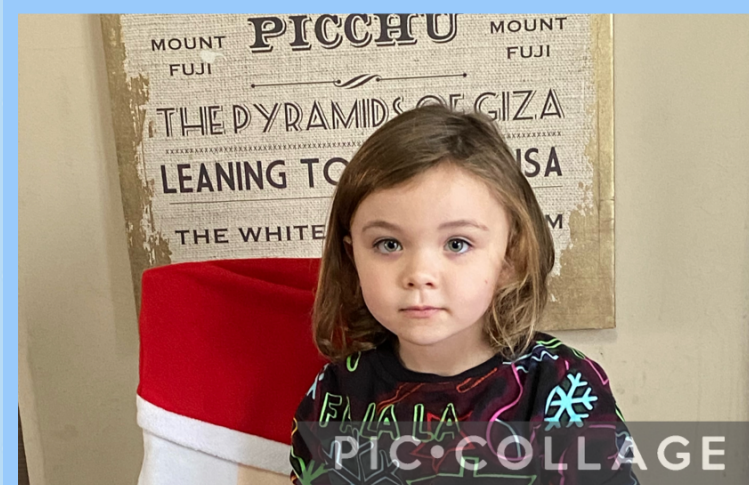


Write when your child does something amazing!

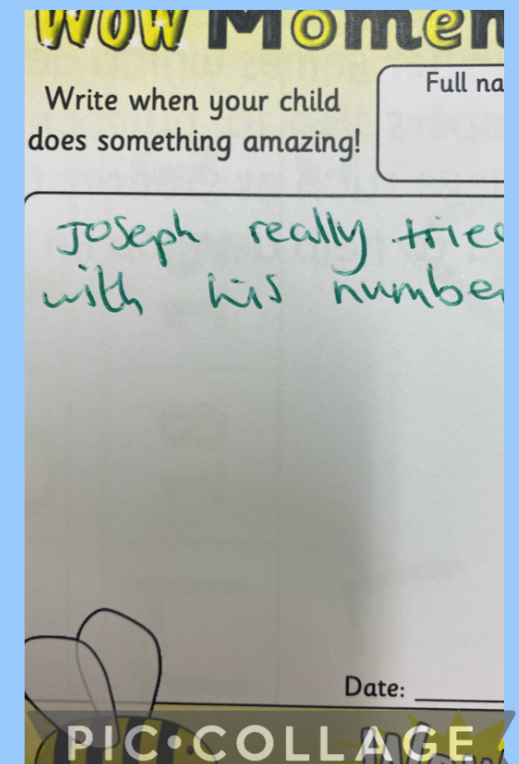
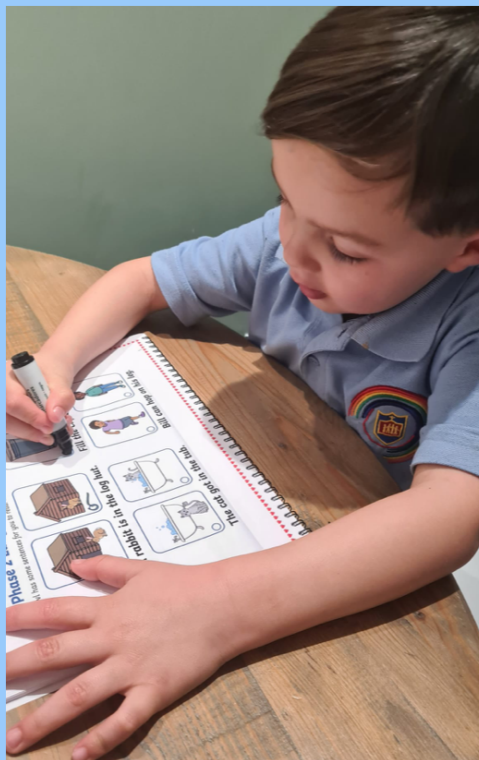
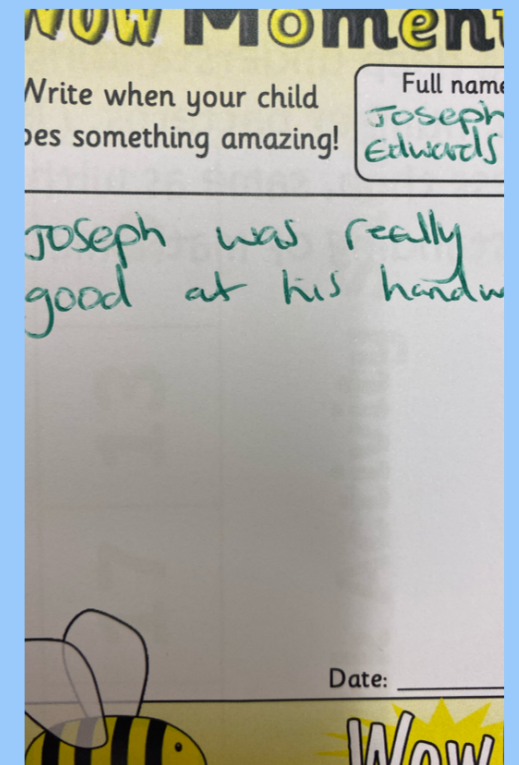
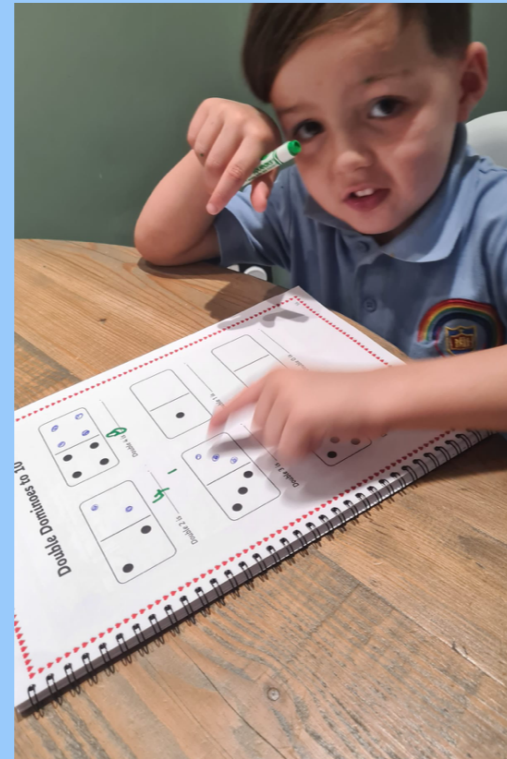
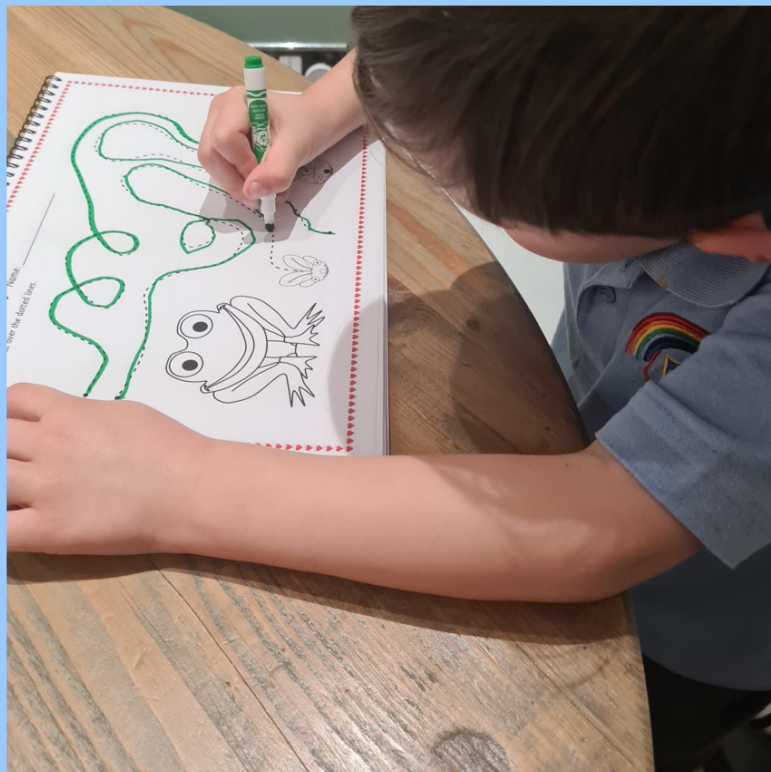
Full name: Mila

Mila done amazing in her dance show on the weekend!

PIC•COLLAGE









**Directions:**

- Roll the die and record the number in the middle column.
- In the left column write the number that is 1 less.
- In the right column write the number that is 1 more.



one less	number	one more
5	6	7
0	1	2
3	4	5







**Wow Moment!**

Write when your child does something amazing! Full name: \_\_\_\_\_

being a Strong + Brave boy whilst his dad is in hospital.

Date: \_\_\_\_\_

**Wow!**

**Wow Moment!**

Write when your child does something amazing! Full name: Joseph Edwards

Joseph has been really well behaved this week.

Date: \_\_\_\_\_

**Wow!**

PIC•COLLAGE

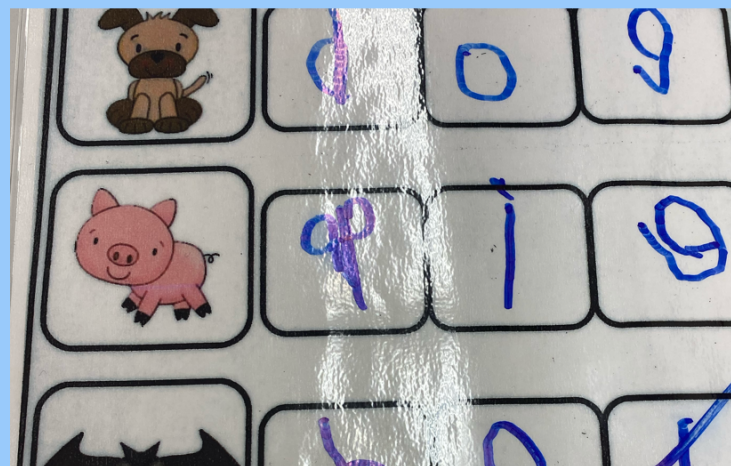








James counted  
Backwards  
and understood  
taking and adding  
numbers



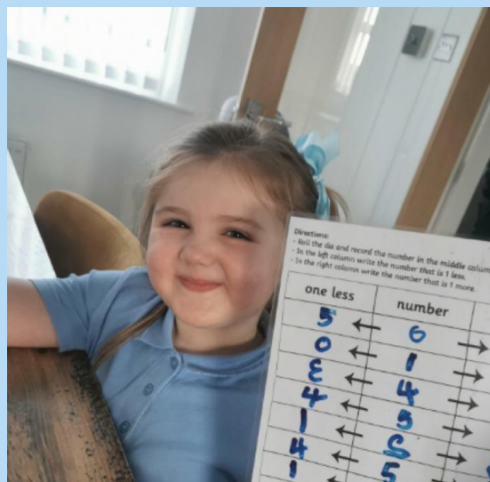
Oliver has done  
brilliant work  
with spellings  
this week.

PIC•COLLAGE



PIC•COLLAGE





does something amazing! *Mila*

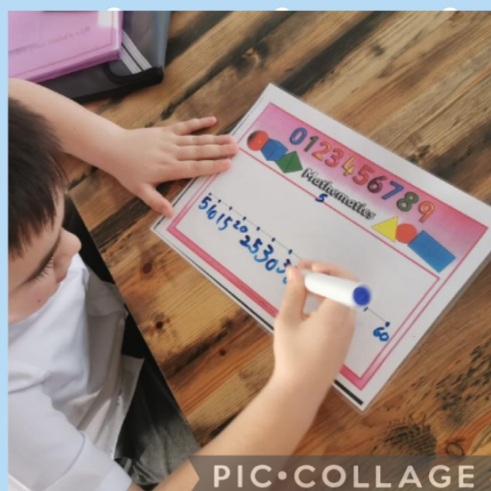
*Mila practised doing her number bonds really well.*

Date: *Nov '2*



• In the left column, write the number that is 1 less.  
• In the right column, write the number that is 1 more.

one less	number	one more
0	1	2
4	5	6
5	6	7
0	1	2
3	4	5
4	5	6
2	3	4
0	1	2
4	5	6









# It's Your **Child's** Life

This certificate is awarded to

.....

In recognition of your successful participation  
in our 'It's Your Child's Life' programme



Signed .....

Date .....



