



St Matthew's Catholic Primary School
P.E. Planning Overview 2023-2024



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: 1	Dance:1	Fundamentals:1	Ball Skills:1	Gymnastics:1	Games:1
Key Stage 1						
Year 1	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Mindful Movement	Mindful Movement	Target Games	Invasion Games	Gymnastics	Team Building
Year 2	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Mindful Movement	Mindful Movement	Target Games	Invasion Games	Gymnastics	Team Building
Lower Key Stage 2						
Year 3	Fitness	Dance	Ball Skills	Handball	Athletics	Rounders
	Mindful Movement	Mindful Movement	Gymnastics	Tennis	OAA/Swimming	OAA/Swimming
Year 4	Dance/Swimming	Dance/Swimming	Netball	Football	Athletics	Cricket
	Mindful Movement	Mindful Movement	Fitness	Tennis	Gymnastics	OAA
Upper Key Stage 2						
Year 5	Fitness	Dance	Basketball	Hockey	Athletics	Rounders
	Mindful Movement	Mindful Movement	Badminton/Swimming	Badminton/Swimming	Gymnastics	OAA
Year 6	Fitness	Dance	Netball	Football	Athletics	Cricket
	Mindful Movement	Mindful Movement	Stretching and Moving	Volleyball	Gymnastics	OAA

Location Key: Hall, Pitch, School/Windsor Gardens