



St Matthew's Catholic Primary School

P.E. Vision 2023-2024



Our vision is for all children at St Matthew's Primary School to experience excellent physical education, school sport and physical activity that will lead to life-long participation and healthy living.

Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad and balanced curriculum with opportunities for all to be enjoyed.

A high-quality PE curriculum will develop physical literacy and will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play, dignity and respect. It also contributes to the development of a range of important cognitive skills such as decision-making and analysis, and social skills such as teamwork and communication. The skills children will develop during PE will also help support with their learning in all aspects of the curriculum and the development of their own character.

Our PE curriculum will be inclusive and ensure that pupils of all abilities access the range of activities we offer and that they are physically active for sustained periods of time in order to encourage them to active lives. During active time, we give children the opportunity to focus on both their physical and mental wellbeing and finding a joy in healthy living.

We aim to offer all children a chance to compete in competitive sports by providing opportunities such as a sports day, year intra competitions and by working alongside other agencies to partake in a variety of competitions. Each year St Matthew's take part in a multitude of competitions and sporting events throughout the year encouraging and offering children of different athletic abilities, key stages and special education needs an exciting opportunity to take part. We understand that opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

We are striving towards improving the delivery of the teaching and learning of PE in order to promote participation, progress and performance. Our school also recognises the impact that the provision of a high-quality PE and school sport curriculum has on the whole school and that it can lead to whole school improvements.

Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. At St Matthews, we aim that all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

- A strong desire to learn and make progress;
- High levels of dedication, attendance and involvement in PE and school sport;
- High levels of commitment to PE and school sport;
- Good levels of positive behaviour such as politeness, fair play and helpfulness.

To encourage children to stay active whilst out of school, we create fitness and sport challenges that children can complete with family at home. These challenges give the children the opportunity to continue their physical development outside of school and encourages them to think about healthy lifestyles choices.