



St Matthew's Catholic Primary School  
P.E. Planning Overview 2024-2025



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: 1	Dance:1	Fundamentals:1	Ball Skills:1	Gymnastics:1	Games:1
<b>Key Stage 1</b>						
Year 1	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Yoga	Ball Skills	Target Games	Invasion Games	Gymnastics	Team Building
Year 2	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Yoga	Ball Skills	Target Games	Invasion Games	Gymnastics	Team Building
<b>Lower Key Stage 2</b>						
Year 3	Fitness	Dance	Basketball	Handball	Athletics	Rounders
	Yoga	Ball Skills	Gymnastics	Tennis	OAA/Swimming	OAA/Swimming
Year 4	Fitness	Dance	Netball	Football	Athletics	Cricket
	Yoga/ Swimming	Yoga/Swimming	Ball skills	Tennis	Gymnastics	OAA
<b>Upper Key Stage 2</b>						
Year 5	Fitness	Dance	Basketball	Hockey	Athletics	Rounders
	Yoga	Tag Rugby	Badminton/Swimming	Badminton/Swimming	Gymnastics	OAA
Year 6	Fitness	Dance	Netball	Football	Athletics	Cricket
	Yoga	Tag Rugby	Badminton	Volleyball	Gymnastics	OAA

**Location Key: Hall, Pitch, School/Windsor Gardens**