



St Matthew's Catholic Primary School
P.E. Planning Overview 2025-2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fine and gross motor skills planned and developed through continuous provision.		Fundamentals:1	Ball Skills:1	Gymnastics:1	Games:1
Key Stage 1						
Year 1	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Yoga	Ball Skills	Target Games	Invasion Games	Gymnastics	Team Building
Year 2	Fundamentals	Dance	Sending and Receiving	Net and Wall Games	Athletics	Striking and Feilding
	Yoga	Ball Skills	Target Games	Invasion Games	Gymnastics	Team Building
Lower Key Stage 2						
Year 3	Fitness	Dance	Basketball	Handball	Athletics	Rounders
	Yoga	Ball Skills	Gymnastics	Tennis	OAA/Swimming	OAA/Swimming
Year 4	Fitness	Ball skills	Netball	Football	Athletics	Cricket
	Yoga/ Swimming	Yoga/Swimming	Dance	Tennis	Gymnastics	OAA
Upper Key Stage 2						
Year 5	Fitness	Dance	Basketball	Hockey	Athletics	Rounders
	Yoga	Tag Rugby	Badminton/Swimming	Badminton/Swimming	Gymnastics	OAA
Year 6	Fitness	Dance	Netball	Football	Athletics	Cricket
	Yoga	Handball	Badminton	Volleyball	Gymnastics	OAA

Location Key: Hall, Pitch, School/Windsor Gardens