



PSHE (Personal, Social, Health and Economic) Education Policy

Introduction

At St Matthew's, we believe that PSHE education is a vital part of our curriculum. Our PSHE curriculum supports pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and to prepare them for life and work in modern Britain. This policy has been written in line with the PSHE Association Programme of Study (2020), DfE statutory guidance on Relationships Education and Health Education (2019), and with regard to our school's ethos and values.

Aims

Through our PSHE curriculum, we aim to ensure that pupils:

- Develop the knowledge, skills and attributes to manage their lives now and in the future.
- Understand how to stay healthy physically and mentally.
- Build and maintain positive relationships, respecting diversity and equality.
- Develop financial awareness and an understanding of the wider world.
- Are prepared for the opportunities, responsibilities and experiences of adult life.

Statutory Requirements

From September 2020, Relationships Education and Health Education are statutory for all primary schools. While PSHE as a whole is not statutory, the DfE states that 'all schools should teach PSHE, drawing on good practice.' At St Matthew's we use the PSHE Association Programme of Study to ensure full coverage of statutory content alongside broader life skills.

Curriculum Organisation

Our PSHE curriculum is organised around three core themes recommended by the PSHE Association:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

- PSHE is taught weekly in dedicated lessons from EYFS through to Year 6. - A spiral curriculum ensures that learning is revisited, built upon and developed year by year.
- Links are made across the wider curriculum (e.g. Science, Computing, PE, RE).
- Local context and pupils' needs inform curriculum design.

Relationships and Sex Education (RSE)

Relationships and Sex Education is taught as part of PSHE.

- In KS1, pupils learn about families, friendships, safe relationships and growing older.
- In KS2, pupils learn about physical and emotional changes during puberty, healthy relationships, reproduction (Year 6), and how to stay safe both on- and offline. RSE is taught sensitively and in line with statutory requirements, with clear communication to parents.

Teaching and Learning

- PSHE is taught by class teachers, using interactive, age-appropriate and inclusive approaches.
- Ground rules are established in all PSHE lessons to create a safe and supportive environment.
- Lessons use a variety of strategies, including discussion, role play, stories, and case studies.

Assessment and Monitoring

- Teachers assess pupils' progress through observation, discussion, and recorded work.
- Learning outcomes are mapped to PSHE Association expectations for KS1 and KS2.
- The subject leader monitors planning, delivery and impact.

Inclusion

PSHE is inclusive of all pupils, regardless of gender, faith, culture, or ability. Lessons are differentiated and adapted to meet individual needs. Resources are carefully selected to reflect diversity and promote respect.

Safeguarding

PSHE plays an essential role in safeguarding. Lessons teach pupils how to recognise risk, seek help and stay safe. Any disclosures made during PSHE lessons will be dealt with in line with the school's Safeguarding and Child Protection Policy.

Parental Engagement

Parents are consulted on sensitive aspects of the PSHE curriculum (e.g. puberty and reproduction). Parents have the right to withdraw their child from sex education beyond statutory science requirements. Information is provided annually to families about curriculum content.

Roles and Responsibilities

- The PSHE Subject Leader oversees curriculum planning, staff training and monitoring. - Class teachers are responsible for delivering the curriculum and assessing outcomes. - The Governing Body monitors policy implementation and statutory compliance.

Review

This policy will be reviewed every year, or sooner if statutory guidance changes.